

Join us for the 2025 Health and Wellness Fair on October 1st, from 8:00 am to 2:00 pm in the Confluence Assembly Room.

All CityHawks are encouraged to attend and take advantage of the health services available at the fair.



Health Screening 8:00am to 10:00am



Yoga Sessions and Chair Massage





Drawings for **Exciting Prizes\*** 

## >>> Participating Vendors

- Anthem
- Delta Dental
- The Standard
- MetLife
- VSP

- Alerus
- Colorado State Employee Assistance Auraria Program
- Colorado PERA
- LegalEase
- CollegeInvest
- MASA
- Credit Union of Denver
- Health Center at



## Contact HR if you have any questions

HREP@ccd.edu OR Shakyra.Edwards@ccd.edu Phone: 303.352.3042 King Center 5th Floor

> \*Completed Wellness Punch Cards will be entered to win.