



Test Preparation

This document includes test preparation strategies for planning and practicing study techniques to improve remembering course material and concepts.

Increase Repetitions

Reviewing notes and studying daily strengthens long-term memory recall.

Think about the following questions to help plan an approach for studying course material:

1. How am I doing in the class?
2. How much course material do I really need to review?
3. How long will it take me to feel prepared?

What Do I Already Know?

Recall class content by skimming over course notes and material to identify what you know.

Think about the following questions to focus on for test preparation:

1. What do I know well already?
2. What do I struggle with most?
3. Do I avoid certain topics?

Quiz Yourself, Teach a Friend

Explain course concepts to others. This will help you make personal connections to the content.

Answer quiz questions without looking at notes or course material. Review course notes and material to clarify what information was misunderstood follow these steps:

1. If an answer is incorrect, look back over course notes and material to fully understand the concept
2. Say or write down what new thinking or ideas came from reviewing the concept

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3. Teach the new understanding of the concept
4. Answer the quiz question again

Turn Notes into Questions

Write practice questions to connect new information to what is already known about the concept.

To improve remembering course concepts to prepare for a test follow these steps:

1. Pick facts, definitions, or topics from your notes
2. Turn the fact, definition, or topic into a quiz question
3. Answer the question