



COMMUNITY COLLEGE OF
DENVER
FOUNDATION

FINDING

Joy

Strategies to **Improve Your Wellbeing**,
Even in Challenging Times

**FREE WORKSHOP
& LUNCH**

Tuesday, September 22nd
11:30 am - 1:00 pm
1030 Saint Francis Way, Denver
Auraria Campus

RSVP Required
Space is Limited



Jessica Wallace, P.A., Ph.D.
Well-Being Officer for Care Teams
Denver Health