


# FastStart@CCD

## Check out your FREE E-MAIL Account!!!

- \* Your CCD e-mail account will be the only official means of communication between you and the college. It is how the college will send you official documents and important notifications.
- \* You need to ACTIVATE YOUR ACCOUNT and remember to check your e-mail for important updates.

## Here are the steps to activate your new CCD student account:

- I. Log onto the CCD homepage ([www.ccd.edu](http://www.ccd.edu)).
- II. Under LINKS click on----- 
- III. Click on Current Students.
- IV. Put your S number and your 6 digit pin number.
- V. You will see, Students: you have a new college issued student email account click here to activate your new e-mail account.
- VI. Click here it says click here.
- VII. You will then see your e-mail address under the words college issued student e-mail account, for example: [jdoe8@student.ccd.edu](mailto:jdoe8@student.ccd.edu).
- VIII. Write it down and make sure to write three (3) c's and not just two (2).
- IX. Click where it says click here to access your account.
- X. Then you will see a page with Microsoft Exchange Labs. Under it will say click here to access your account.
- XI. Then click on the sign in button.
- XII. Put your ccd e-mail address into the windows live id space.
- XIII. Since you are accessing your e-mail for the first time your password is going to be your birthdate. For example: August041987. The month is spelled out and the first letter is capital. Then the day is a two digit number so be sure that you are using two numbers. The year is the four digit year that you were born. Make sure that you spell the month right.
- XIV. You will then be prompted to create your own password. Make sure it is something you can easily remember but something that is hard for anyone else to guess. Enter the password again where it says confirm your password.
- XV. Then set up your personal options. The time is (GMT-7:00) Mountain Time (US & Canada.)
- XVI. You have now activated your student email account.
- XVII. Write down your email address and password so you don't forget them and remember to check it often as you will be getting a lot of CCD important messages there.
- XVIII. If you need help you can contact Elizabeth Barrera at [elizabeth\\_ccd3@yahoo.com](mailto:elizabeth_ccd3@yahoo.com) or Amy Johnson at [amyjohnson\\_ccd@yahoo.com](mailto:amyjohnson_ccd@yahoo.com).

## Important Reminder

- ⇒ You are responsible for your education- make sure that you revisit your goals and remind yourself often of why you are in college—to be successful
- ⇒ Make sure that you make choices that will help you get closer to that goal



## The difference between AAA 099 and AAA 101 is....

AAA 099 is the lab component of your 030, 060 or 090 classes. You must complete 25 hours in the labs (South 142 or Tec 104). In the labs you can get help from a tutor and get access to programs that can help you enhance your Reading, Writing and Math skills. Your teachers will also let you know of other activities that you can do to complete those hours.

AAA 101 is an actual class. It is a College Orientation class. You HAVE to attend this class at its scheduled time and meeting area. This class helps you become an informed college student so that you can make the right decision when it comes to your classes, goals and degree. This class will also connect you to CCD programs, scholarships, and academic advisors. This class is 1 credit hour and your grade can impact your GPA, which can affect your financial aid.



## OUTDOOR ADVENTURE OPPORTUNITIES @ CCD

As a CCD student you have the unique opportunity to participate in the following outdoor activities through Outdoor Adventures on the Auraria Campus and Funlosophy for AAA 099 hours! To participate just choose the activity or activities you are interested in and then sign up in SO 142 on the bulletin board across from the kiosk. We will provide the form to fill out for AAA 099 hours earned for each activity.

### ORIENTEERING ON AURARIA CAMPUS WITH OUTDOOR ADVENTURES

**DATE:** Friday, September 19th 10:00am-12:00pm  
**MEET:** Outside the South Classroom courtyard

**COST:** Free

**WHAT:** An adventure activity *on campus* where you can navigate through a variety of exciting mini activities around campus using

activities

### CHALLENGE COURSE WITH FUNLOSOPHY AT EXEMPLA WEST PINES TRAINING CENTER

**DATE:** Friday, October 3rd 9:30am-3:30pm

**COST:** 15 dollars per person (bring money with you to the Challenge Course)

**MEET:** 3400 Lutheran Parkway, Wheat Ridge (just west of Wadsworth and north of 32nd)

**WHAT:** A program designed to help groups and individuals around self-discovery by learning to set goals, build confidence, communicate, problem solve and overcome challenges through fun, interactive activities. Low elements/challenges take place on the ground. High elements/challenges take place 25-40 feet above the ground using a system of ropes and harnesses to climb, balance, swing and jump. An opportunity to explore your comfort zone, choose your own limits and challenge yourself.



**FOR MORE INFO CONTACT:**  
Lisa Silverstien  
303-352-3316  
Lisa.silverstein@ccd.edu

The Outdoor Adventure Opportunities @ CCD are for all CCD students so tell your friends about it!

Looking for a job?

**Check out CAREER CONNETIONS on the CCD website!**

Find job listings from companies that came to us looking for employees like YOU. You can access resume and cover letter templates, link to career assessment tests, investigate different career paths and more!

Do you have a poem, song or any other written material that you would like to share? Send them to [Rosalinda.Martinez@ccd.edu](mailto:Rosalinda.Martinez@ccd.edu)

Here there are the steps on how to access Career Connections



- [1] Log onto the CCD web page [www.ccd.edu](http://www.ccd.edu)
- [2] Under Students you'll see Student Resources, click there.
- [3] Then you'll find an orange link where it says Student Life.
- [4] In the link saying Student Life you'll find the Career Connections link, click in there and then you will find a list of the resources available to you-
  - Post a Job/Find a Job
  - Announcements
  - Career Resources
  - CCD Employment
  - Work Study
  - Career Home
  - EPAC Home
- [5] Click on the link that you would like more information about and follow the prompts.

# September CCD Events

**September 10**      **Back Pack Talks – Relationship 101 (part 1)**  
**Danger Signs!**  
**South Classroom Cafeteria**  
**Noon – 1:00pm**

Do you know the danger signs of a BAD relationship? Let's discuss some key warning signs that your relationship is going bad. Sponsored by The Colorado Healthy Marriage Project (CHMP). A five-year federally funded statewide initiative whose overall goal is to promote positive attitudes, skills and healthy relationship behaviors throughout Colorado. Bring your lunch and come learn some of the danger signs for an unhealthy relationship.

**September 10 – 11**      **Fall Fest\***  
**Tivoli Commons**

Fall Fest is an Auraria campus tradition that allows the community to interact with each other as students, faculty, and staff on campus. With music, food and fun, Fall Fest is a great way to celebrate the final days of nice weather! Come check out Auraria campus student organizations, as well as several non-profit organizations. There will be music, food and fun!

**September 16**      **Relationship 101 (part 2)**  
**Foundational Healthy Signs of a good relationship**  
**South Classroom Cafeteria**  
**Noon – 1:00pm**

We talk about danger signs of a bad relationship; now let's talk about signs of a healthy relationship. Sponsored by The Colorado Healthy Marriage Project (CHMP). A five-year federally funded statewide initiative whose overall goal is to promote positive attitudes, skills and healthy relationship behaviors throughout Colorado. Bring your lunch and come learn some of the danger signs for an unhealthy relationship.

**September 17**      **Urban Arts Festival**  
**Tivoli Commons**  
**11:00am – 2:00pm**

Join us for graffiti, dancing, music and food as we explore "urban" art. *Co-Sponsored with Hip Hop Congress.*

**September 17**      **Back Pack Talks –**  
**Why should I care about the Constitution?**  
**South Classroom Cafeteria**  
**Noon – 1pm**

When was the constitution written? Who wrote it? Why should the constitution be important to you? How does it continue to impact our lives? Bring your lunch and join the CCD political science department as we discuss why you should care about the constitution.



# SEPTEMBER EVENTS

**September 18**

**Greg Lukianoff\***  
**Tivoli Turnhalle**  
**11:30am**

Greg Lukianoff is the president of FIRE (Foundation for Individual Rights in Education). Greg is a frequent guest on local and national syndicated radio programs, has represented FIRE on national television shows-including *CBS Evening News*, *The O'Reilly Factor*, *Glenn Beck*, *The Abrams Report*, *Hannity and Colmes*, and *Buchanan and Press* - and has testified before the U.S. Senate about free speech issues on America's campuses. (This is part of our Distinguished Lecture Series)

**September 22**

**Latina Initiative\***  
**Tivoli, 320 ABC**  
**1:00pm**

Latina Initiative will discuss what issues are on the minds of Latina voters as we gear up for Election 2008. The mission of the Latina Initiative (LI) is to cultivate, support and maintain the civic involvement of Latinas in Colorado. They were founded in 2002 to more fully engage and empower Latinas in the issues and decisions that impact their lives and the health and well-being of their families and communities. Dusti Gurule, Executive Director of the LI, received her Bachelor Degree in Chicano Studies at Metropolitan State College of Denver and received a Master of Nonprofit Management from Regis University as a Colorado Trust Fellow. Dusti is dedicated to serving the Latino community on issues that affect social change and civic involvement. Rachel Chaparro, LI's Field Director, has a Political Science degree and a Master's in Public Administration from the University of Colorado at Denver. (This is part of our Distinguished Lecture Series)

**September 24**

**Backpack Talks – I can't believe my kid did that!**  
**South Classroom Cafeteria**  
**Noon – 1:00pm**

Disciplining children can be hard. Come hear Alicia Biggs, Director of the CCD Children's College tells us her best tricks of the trade. Bring your lunch and come learn how to discipline your children.

**September 24**

**Open Mic Night\***  
**Tivoli, Sigi's Cabaret**  
**6:00pm – 9:00pm**

Bring your poetry, bring your instruments, and bring your humor and your voice to this month's Open Mic! Sign up starts at 5:30pm and performances start at 6:00pm. There will only be two mics, so no bands. For more information please contact Louisa at (303) 556-2595. Snacks and drinks provided.

**September 25**

**Jerry Springer\***  
**Tivoli, Turnhalle**  
**1:00pm**

"Freedom of Speech, the Media, Political Climate, and Student Involvement." Throughout a long and varied career, cultural icon Jerry Springer can claim many labels other than "host": two-term mayor of Cincinnati, political pundit, lawyer, award-winning newscaster, country recording artist, TV personality, movie star, and Broadway actor, among them. The multi-faceted Springer, with a passion for politics, was named Democrat of the Year from Ohio and served as a Delegate-at-Large at the 2004 Democratic National Convention. Springer is perhaps most proud of his involvement with Cincinnati Reaches Out, contributing on-site reporting from Ethiopia and Sudan, where he documented the effort to provide assistance to famine-stricken Africans. (This is part of our Distinguished Lecture Series)



**Questions or comments? E-mail us at [Rosalinda.Martinez@ccd.edu](mailto:Rosalinda.Martinez@ccd.edu)**  
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